



POWER

HEALTH & FITNESS

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07:15-07:45	Power In The Park (No Contact)	Power In The Park (No Contact)		Power In The Park (No Contact)			
09:30-10:00	Power In The Park (No Contact)	Power In The Park (No Contact)	Power In The Park (No Contact)	Power In The Park (No Contact)	Power In The Park (No Contact)	Power In The Park (No Contact)	
18:00-18:30					Power In The Park (No Contact)		
18:30-19:00	Power In The Park (No Contact)	Power In The Park (No Contact)	Power In The Park (No Contact)				

Power In The Park Class Timetable – No Contact

 Power In The Park